

Report of the Prep and NPT training for peer educators – Center for Rights to Health

Introduction: One day training was conducted for the MSM peer educators working with the Center for Rights to Health. The training was conducted at the review meetings of the peer educators on the 26th of April 2017 with 13 peer educators in attendance

Presentations

Existing HIV prevention tools: The participants were asked to share the existing HIV tools as it is communicated to their communalities. They were able to identify the existing tools and discuss on them. This include: condoms, lubricants, STI management, preventing mother to child transmission, use of safe needles and syringes and blood transfusion safety. The facilitators took time to explain the other existing tools, medical male circumcision, treatment as prevention and post exposure prophylaxis. Extensive discussions were taken on PEP because of the conflicting understanding of PrEP and PEP.

New HIV prevention tools: The sessions discussed the new tools that are in development and currently rolled out. These include the microbicides (both vaginal and rectal) the HIV vaccine (both preventative and therapeutic vaccine) and the Pre exposure prophylaxis. Cure research was also discussed as part of the biomedical research efforts to ensure maintenance of the HIV suppression among PLHIV. The discussion was very interesting and science advances was very promising for the community in view of their high HIV burden.

Presentation on PrEP: The session extensively discussed pre exposure prophylaxis, the daily use of oral truvada to prevent HIV infection among HIV negative persons at substantial risk of acquiring HIV. The PrEP candidates are persons at substantial risk and this include: MSM, PWID, Transgender individuals, heterosexual men and women (sero-discordant couples, FSW and sexually active adolescents). Clinical eligibility for PrEP was discussed and concerns on adherence and resistance to drug should the person get infected was also highlighted.

Discussions:

- Nigeria is currently conducting a demonstration study on PrEP for sero-discordant couples on how best to deliver PrEP in Nigeria. The MSM community must be educated on PrEP and create community demand on it. As peer educators you have to integrate PrEP in your community outreach, let people hear it and begin to ask for it in the clinics- that is demand creation.

- We are really interested in the HIV new tools as they are promising especially the cure research because guys are really getting tired of the daily drugs intake, if we can get injections that will be taken every 3months that will be better than the burden of having to take drugs daily. One of my friends outside the country told me that he receives the injection every 3months, I hope it comes to Nigeria
- The MSM community is very high risk populations and community workers engaged in HIV testing services for the MSM are at very high risk of exposure from needle prick and therefore adequate provision has to be made in terms of access to PEP; PEP should be made available at the OSS rather than taking the community worker to general hospital to access PEP because of protocols of government hospitals. We had cases like that and it was challenging getting quick services from the general hospital
- Thinking about PrEP delivery, we should consider using the OSS for the key populations for easy access.
- The community workers engaged with MSM and other key populations should be listed under people at substantial risk of HIV and should be offered PrEP for the period that they are engaged with HIV testing services for the community.

Q: Non adherence to PrEP as it is in ART, and the development of resistance, will the person be changed to second line drugs.

A: Patient education about PrEP adherence is very important just as the ART, For PrEP there is no second line drugs rather the non-adherent patient will have to discontinue PrEP and reassessed should he consider taking the PrEP again.

Q: As HIV positive man that wants to have a baby with HIV negative woman, how can PrEP help.

A: PrEP will offer additional protection for the women that is in sero-discordant relationship and planning to have a baby. However, the HIV positive husband would have to be on treatment as a form of prevention, if the positive husband achieved viral suppression where the virus will become undetectable then the risk of giving the virus to the wife is reduced. Upon conception, the pregnant wife will have to enroll for preventing mother to child transmission so that the baby will be born without HIV.

Lesson learnt

- The training is not a standalone programme but incorporated into the review meeting, this caused much delay and distraction from the training because of the lots of paper works and documentation expected from the peer educators at the review meeting.
- Some of the peer educators at the meeting did not show interest in the programme

- The community are very much aware of the HIV cure research and therefore were very much interested in asking questions on HIV cure
- The CRH staff were very supportive

Daily evaluation

Which session did you like most?

- HIV prevention- new tools because it talks about microbicides, vaccine and pre-exposure prophylaxis (PrEP)
- PEP, I am really happy that such treatment option has been enlightened to us and there is an immediate action to be taken if exposure to HIV
- Post exposure prophylaxis because it was so interesting
- The session was interesting, many questions were asked.

Which session did you like least today?

- HIV prevention existing tools because I had a little bit knowledge about it already.
- PrEP because negative person will have low risk of contracting HIV if followed by the prescription

How do you think each session can be improved?

- By providing writing materials and tools for demonstrations and practical
- Repeat the training again

What did you like most about the entire programme today?

- The awareness was broken down to a layman language
- The HIV prevention and cure
- The facilitation was broken down to our understanding
- Getting down to our understanding, not too much grammar
- How to protect and prevent one from contracting HIV
- The session was very interesting

What did you like least about the entire programme today?

- None

Did you have any logistic challenges? What was it

- Transport fare

Any comments

- No refreshment, boring

Evaluation :Feedback from workshop

1. Please provide us with some feedback about Workshop for week one module.

Please indicate your overall satisfaction with the <u>content</u> of each of the modules:	Please circle one				
	Very Good	Good	Fair	Poor	Very Poor
1 – HIV prevention: existing tools	57%(4)	43% (3)	-	-	-
2 – HIV prevention: new prevention tools	29%(2)	5	-	-	-
3 – Pre-Exposure Prophylaxis	29%(2)	1	57%(4)	-	-

2. Please provide us with some feedback on your experience of the Workshop:

Please indicate your agreement with the following statements:	Please circle one				
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
This Workshop provided me with new insights about HIV prevention existing tools.	57%(4)	43% (3)	-	-	-
This Workshop provided me with new insights about new prevention tools	29%(2)	71% (5)	-	-	-
This Workshop provided me with new insights PrEP	71% (5)	-	29%(2)	-	-
Participating in this Workshop was a good use of my time.	86% (6)	14% (1)	-	-	-
I will be able to apply the content of this Workshop to my everyday work.	71% (5)	29%(2)		-	-
Overall, the facilitation style was effective.	43% (3)	14% (1)	14% (1)	-	-
There was adequate time allocated for informal discussions among workshop participants.	29%(2)	57%(4)	14% (1)	-	-
The Workshop was well-organized.	43% (3)	43% (3)	14% (1)	-	-

What changes would you recommend to make this Workshop better?

- To have a good interaction session with people drawn in for the talk show and provide refreshment and transportation
- I wish the session can be repeated once again
- Provision of writing materials, refreshment and giving adequate timing for such meeting.
- Provision of writing materials and refreshment
- More commend to this workshop , it is better and good

Other comments?

- The PEP manual really deals with our daily life activities.
- Very happy to partake in the sessions because it interactively educating.
- Actually it is okay with me what I heard but would be very interesting in cure drugs if introduced to the country and given
- Adequate provision of PrEP within the key populations
- Provide refreshment and if need be transport fare and others