



PREP AWARENESS TRAINING FOR MANPro CSO in RIVERS STATE ON THE 21st August, 2017

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Date and Venue

The training was conducted at the MANpro Secretariat in Port-Harcourt on the 21st August, 2017. The meeting started at 11:35am.

Training team

Alaka Oluwatosin, NHVMAS Assistant Program Officer, was the facilitator for the training.

Agenda

- HIV prevention: Existing tools
- HIV Prevention: New prevention tools
- Basic facts about Pre Exposure Prophylaxis (PrEP)

Participants

There was a total of 26 participants in this meeting. Participants comprised of community facilitators implementing FSW intervention in the SFH SHIPS for MARPs project.

Pre Test

The facilitator was introduced by the state program Officer, Uduak, after which participants also introduced themselves. A Pre test questionnaire was shared before commencement of the training in order to assess their background knowledge on the PrEP.

Existing HIV prevention tools.

This session was facilitated by Mr. Alaka. Participants were shown pictures of different existing prevention tools using NHVMAS research literacy field guide. Participants did not seem to be knowledgeable about the existing tools and discuss them. The tools were discussed by the facilitator. Some of the tools identified include; condoms, lubricants, STI management, preventing mother to child transmission, use of safe needles and syringes and blood transfusion safety

HIV Prevention: New Prevention Tools

Mr. Alaka discussed NPTs such as Microbicides, vaccines and treatment as prevention. It was a new learning for a majority of them.

Participants were made to understand that a lot of studies are being conducted on microbicides and vaccines. Before long, answers would be gotten.

Basic Facts about PrEP

Participants were encouraged to create community demand for PrEP and integrate PrEP in their community outreach while letting people hear it and begin to ask for it in health centers.

Candidates for PrEP

People at substantial risk of acquiring HIV due to their risky behavior are potential candidates of PrEP. This includes:

a) Men who have sex with men (MSM) who have

- An HIV-positive sexual partner
- Recent bacterial STI
- High number of sex partners
- History of inconsistent/no condom use

b) Heterosexual women and men

- HIV-positive sexual partner
- Recent bacterial STI
- High number of sex partners
- History of inconsistent/no condom use
- Commercial sex work
- High-prevalence area or network

How It works

PrEP is taken only by individuals who are HIV negative as a pill of Truvada a day (combination of Tenofovir and emtricitabine). PrEP stops HIV from taking hold and spreading throughout your body. It is highly effective for preventing HIV if used as prescribed, but it is much less effective when not taken consistently.

Other important talking point about PrEP

- It does not protect against other STIs and pregnancy
- It is used by people who are HIV negative but at substantial risk of HIV
- It offers over 90% protection if used consistently
- It requires you attend hospital every three months to get a HIV test to rule out any HIV infection
- It should be taken same time everyday
- Renal assessment must be conducted to ensure that the kidneys are working normally and are in good shape.

Discontinuing PrEP

Positive HIV result, Acute HIV signs or symptoms, non-adherence to usage, development of renal diseases, lowered risk behavior are all possible reasons for an individual to discontinue PrEP.

Discussion

What are the disadvantages of PrEP?

Answer: PrEP has its limitations, some of which includes its inability to protect other STIs and unwanted pregnancy,. Issues associated with condom use such as lack of spontaneity, reduction of sexual pleasure, loss of erection can be averted by PrEP

Question- How can PrEP be accessed?

Response: *Before you can get PrEP (Truvada), you would need a prescription from a medical doctor. Lots of advocacy, awareness creation and community demand creation needs to be done in order to facilitate the inclusion of PrEP into our combination prevention package.*

ANNEX 1

EVALUATION FORM FOR PrEP Awareness training

1. Please provide us with some feedback about the training.

Please indicate your overall satisfaction with the <u>content</u> of each of the modules:	Please circle one N=20					No response
	Very Good	Good	Fair	Poor	Very Poor	
1 – HIV prevention: Existing tools	9 (45%)	9 (45%)	1 (5%)	-	-	1 (5%)
2 – HIV prevention: New prevention tools	11 (55%)	8 (40%)	-	-	-	1 (5%)
3– PrEP presentation	17 (85%)	3 (15%)	-	-	-	-

2. Please provide us with some feedback on your experience of the Workshop:

Please indicate your agreement with the following statements:	Please circle one N=20					
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No response
This workshop provided me with insights about HIV prevention existing tools	9 (45%)	10 (50%)	1 (5%)	-	-	-
This workshop provided me with new insights about new HIV prevention tools	13 (65%)	7 (35%)	-	-	-	-
This workshop provided me with new insights about PrEP	14 (70%)	5 (25%)	-	-	-	1 (5%)
Participating in this Workshop was a good use of my time	18 (90%)	2 (10%)	-	-	-	-
I will be able to apply the content of this Workshop to my everyday work	15 (75%)	5 (25%)	-	-	-	-
Overall, the facilitation style was effective	8 (40%)	10 (50%)	2 (10%)	-	-	-
There was adequate time allocated for informal discussions among workshop participants	11 (55%)	8 (40%)	-	-	-	1 (5%)
The Workshop was well-organized.	10 (50%)	7 (35%)	3 (15%)	-	-	-

3. What changes would you recommend to make this Workshop better?

- There should be more seminars, at least once a month
- Provision of hand out for every participant
- Broken English should be used in some cases.
- A bigger hall space to accommodate everyone comfortably.
- There should be more IEC materials

4. Any other comments?

- There should be more practical stuff and interactive participation in every meeting
- I was enlightened about HIV Vaccines
- Training was well delivered

ANNEX 2: PRE-POST TEST ANALYSIS

S/N	CODE NAME	Pre Test	Pre Test (%)	Post Test	Post Test (%)	Gender
1	Ikonwa Peace Chioma	5	50	5	50	F
2	N.J	5	50	9	90	M
3	Rebecca	3	30	6	60	F
4	1	4	40	4	40	M
5	Kiine	3	30	6	60	F
6	Blessing Jeremiah	4	40	3	30	F
7	Olimini	3	30	5	50	M
8	Ajah Love	5	50	8	80	F
9	Blessing Jackson	2	20	6	60	F
10	Solomon	2	20	5	50	M
11	U30	3	30	5	50	F
12	Michael Prince	3	30	6	60	M
	TOTAL	42	420	68	680	
	AVERAGE	3.5	35	5.67	56.67	
	SD	1.09	10.87	1.61	16.14	