



**PREP AWARENESS TRAINING FOR MAKE WE TALK CBO COALITION IN KONSHISHA
LGA, BENUE STATE ON THE 23RD June, 2017**

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Date and Venue

The community facilitators training was conducted in Konshisha Local government Area of Benue State. The meeting started at 10:15am.

Training team

Alaka Oluwatosin, NHVMAS Assistant Program Officer, was the facilitator for the training.

Agenda

- HIV prevention: Existing tools
- HIV Prevention: New prevention tools
- Basic facts about Pre Exposure Prophylaxis (PrEP)

Participants

There were 20 participants in this meeting. Participants comprised of the CSO program officer, counselor testers, community facilitators and case management officers.

Pre Test

After introduction of the facilitator by Plangnan, the SFH state team leader for the SHiPs for MARPs Project, participants also introduced themselves. A Pre test questionnaire was shared before commencement of the training in order to assess their background knowledge on the PrEP.



Existing HIV Prevention Tools.

This session was facilitated by Mr. Alaka. Participants were shown pictures of different existing prevention tools using NHVMAS research literacy field guide. Participants were able to identify the existing tools and discuss them. Some of the tools identified include; Lubricants, condoms, STI management, use of safe needles and syringes and blood transfusion safety, preventing mother to child transmission.



HIV Prevention: New Prevention Tools

Using the field guide, he discussed NPTs such as Microbicides, vaccines and treatment as prevention. It was a new learning for a majority of them which made the session quite interactive with some questions asked.

Participants were made to understand that a lot of studies are being conducted on microbicides and vaccines. Before long, answers would be gotten.

Basic Facts about PrEP

Participants were encouraged to create community demand for PrEP and integrate PrEP in your community outreach while letting people hear it and begin to ask for it in health centers.

Candidates for PrEP

People at substantial risk of acquiring HIV due to their risky behavior are potential candidates of PrEP. This includes:

a) Men who have sex with men (MSM) who have

- An HIV-positive sexual partner
- Recent bacterial STI
- High number of sex partners
- History of inconsistent/no condom use

b) Heterosexual women and men

- HIV-positive sexual partner
- Recent bacterial STI
- High number of sex partners
- History of inconsistent/no condom use
- Commercial sex work
- High-prevalence area or network

How It works

PrEP is taken only by individuals who are HIV negative as a pill of Truvada a day (combination of Tenofovir and emtricitabine). PrEP stops HIV from taking hold and spreading throughout your body. It is highly effective for preventing HIV if used as prescribed, but it is much less effective when not taken consistently.

Other important talking point about fact about PrEP

- It does not protect against other STIs and pregnancy
- It is used by people who are HIV negative but at substantial risk of HIV

- It offers over 90% protection if used consistently
- It requires you attend hospital every three months to get a HIV test to rule out any HIV infection
- It should be taken same time everyday
- Renal assessment must be conducted to ensure that the kidneys are working normally and are in good shape.

Discontinuing PrEP

Positive HIV result, Acute HIV signs or symptoms, non-adherence to usage, development of renal diseases, infection with hepatitis A or B, lowered risk behavior are all possible reasons for an individual to discontinue PrEP.

Annex 1: Pre-Post Test Analysis

SFH SHiPS for MARPS (CRH)							
S/N	CODE NAME	PRE TEST	PRE TEST (%)	POST TEST	POST TEST (%)	POST-PRE	PRE-POST (%)
1	Akpo Rosemary	4	40	5	50	1	10
2	5555	5	50	8	80	3	30
3	oryina	1	10	5	50	4	40
4	bai	4	40	4	40	0	0
5	orngu	4	40	5	50	1	10
6	8068699708	3	30	9	90	6	60
7	1	4	40	5	50	1	10
8	jane	3	30	6	60	3	30
9	uda	4	40	7	70	3	30
10	patricia	4	40	7	70	3	30
11	ognah	4	40	8	80	4	40
12	egbe mercy	3	30	5	50	2	20
13	tyoakule	3	30	5	50	2	20
14	odede	2	20	6	60	4	40
15	1983	5	50	6	60	1	10
16	1111	5	50	5	50	0	0
17	12	6	60	7	70	1	10
	TOTAL	64	640	103	1030	39	390
	AVERAGE	3.76	37.65	6.06	60.59	2.29	22.94
	SD	1.20	12.0	1.39	13.91	1.65	16.49

ANNEX 2

EVALUATION FORM FOR PrEP Awareness training.

1. Please provide us with some feedback about the training.

Please indicate your overall satisfaction with the <u>content</u> of each of the modules:	Please circle one N=18					No response
	Very Good	Good	Fair	Poor	Very Poor	
1 – HIV prevention: Existing tools	13	4	-	-	-	1
2 – HIV prevention: New prevention tools	11	6	-	-	-	-
3– PrEP presentation	14	4	-	-	-	-

2. Please provide us with some feedback on your experience of the Workshop:

Please indicate your agreement with the following statements:	Please circle one N=18					
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No response
This Workshop provided me with HIV prevention existing tools	13	5	-	-	-	-
This Workshop provided me with new insights about New prevention tools	14	4	-	-	-	-
This Workshop provided me with new insights about PrEP	13	5	-	-	-	-
Participating in this Workshop was a good use of my time	16	2	-	-	-	-
I will be able to apply the content of this Workshop to my everyday work	15	3	-	-	-	-
Overall, the facilitation style was effective	13	5	-	-	-	-
There was adequate time allocated for informal discussions among workshop participants	13	2	3	-	-	-
The Workshop was well-organized.	14	2	2	-	-	-

3. What changes would you recommend to make this Workshop better?

- Samples of Truvada should be displayed physically before participants.
- It should be organized annually
- to enable the brain keep refreshed about the purpose.

4. Any other comments?

- It was satisfactory