



**PREP AWARENESS TRAINING OF CENTRE FOR RIGHTS TO HEALTH (CRH) IN
MAKURDI, BENUE STATE ON THE 22ND JUNE, 2017**

Supported by AVAC through the USAID funded CASPR project

Contents

Date and Venue	3
Training team	3
Agenda	3
Participants	3
Pre Test	3
Existing HIV prevention tools.....	3
HIV Prevention: New Prevention Tools	3
Basic Facts about PrEP	4
Candidates for PrEP	4
How It works	4
Other important talking point about fact about PrEP	4
Discontinuing PrEP	5
Discussion.....	5
Annex 1: Pre-Post Test Analysis	7
ANNEX 2	8
EVALUATION FORM FOR PrEP Awareness training FOR CRH PEs.....	8

Date and Venue

The CRH peers educators training was conducted in Benue State Action Committee on AIDS. The meeting started at 9:10am.

Training team

Alaka Oluwatosin, NHVMAS Assistant Program Officer, was the facilitator for the training.

Agenda

- HIV prevention: Existing tools
- HIV Prevention: New prevention tools
- Basic facts about Pre Exposure Prophylaxis (PrEP)

Participants

There were 35 participants in this meeting. Participants comprised of MSM and PWID peer educators.



Pre Test

After introduction of the facilitator by Plangnan, the SFH state team leader for the SHiPs for MARPs Project, participants also introduced themselves. A Pre test questionnaire was shared before commencement of the training in order to assess their background knowledge on the PrEP.



Existing HIV prevention tools.

This session was facilitated by Mr. Alaka. Participants were shown pictures of different existing prevention tools using NHVMAS research literacy field guide. Participants were able to identify the existing tools and discuss them. Some of the tools identified include; condoms, lubricants, STI management, preventing mother to child transmission, use of safe needles and syringes and blood transfusion safety

HIV Prevention: New Prevention Tools



Mr. Alaka discussed NPTs such as Microbicides, vaccines and treatment as prevention. It was a new learning for a majority of them which made the session quite interactive

Participants were made to understand that a lot of studies are being conducted on microbicides and vaccines. Before long, answers would be gotten.

Basic Facts about PrEP

Participants were encouraged to create community demand for PrEP and integrate PrEP in your community outreach while letting people hear it and begin to ask for it in health centers.

Candidates for PrEP

People at substantial risk of acquiring HIV due to their risky behavior are potential candidates of PrEP. This includes:

a) Men who have sex with men (MSM) who have

- An HIV-positive sexual partner
- Recent bacterial STI
- High number of sex partners
- History of inconsistent/no condom use

b) Heterosexual women and men

- HIV-positive sexual partner
- Recent bacterial STI
- High number of sex partners
- History of inconsistent/no condom use
- Commercial sex work
- High-prevalence area or network

How It works

PrEP is taken only by individuals who are HIV negative as a pill of Truvada a day (combination of Tenofovir and emtricitabine). PrEP stops HIV from taking hold and spreading throughout your body. It is highly effective for preventing HIV if used as prescribed, but it is much less effective when not taken consistently.

Other important talking point about fact about PrEP

- It does not protect against other STIs and pregnancy

- It is used by people who are HIV negative but at substantial risk of HIV
- It offers over 90% protection if used consistently
- It requires you attend hospital every three months to get a HIV test to rule out any HIV infection
- It should be taken same time everyday
- Renal assessment must be conducted to ensure that the kidneys are working normally and are in good shape.

Discontinuing PrEP

Positive HIV result, Acute HIV signs or symptoms, non-adherence to usage, development of renal diseases, infection with hepatitis A or B, lowered risk behavior are all possible reasons for an individual to discontinue PrEP.

Discussion

Contribution:

I believe health workers who work with key populations should also be seen as people who are at substantial risk and eligible for PrEP giving the prevalence among members in the community. Instead of taking PEP with each exposure, they can also be on PrEP which can over them protective coverage.

Question “If one starts PrEP, can they stop using condoms?”

Answer: Condoms are the only tool that protects against both HIV and certain other sexually transmitted infections (STIs) while preventing pregnancy when used correctly and consistently. For people who do not use condoms every time they have sex, PrEP can provide effective protection against only HIV. Using condoms correctly and consistently while taking PrEP will provide the maximal protection against HIV and STIs. The choice to use either of the two is a personal decision that should be made upon information acquisition.

Question- How can PrEP be accessed?

Response: *Presently, before you can get PrEP (Truvada), you would need a prescription from a medical doctor. Lots of awareness creation and community demand creation needs to be done in order to facilitate the inclusion of PrEP into our combination prevention package.*

Annex 1: Pre-Post Test Analysis

	CRH						
S/ N	CODE NAME	PRE TEST	PRE TEST (%)	POST TEST	POST TEST (%)	POST-PRE	PRE-POST (%)
1	Aer	5	50	6	60	1	10
2	Usman	4	40	8	80	4	40
3	Benny	1	10	4	40	3	30
4	Fashi	2	20	4	40	2	20
5	Anza	6	60	6	60	0	0
6	Michael	3	30	6	60	3	30
7	Adum	4	40	6	60	2	20
8	1988	4	40	6	60	2	20
9	ATM	4	40	5	50	1	10
10	Tareshima	4	40	6	60	2	20
11	Nico	3	30	4	40	1	10
12	Myke	5	50	10	100	5	50
13	Jimin	3	30	6	60	3	30
14	porshia	4	40	7	70	3	30
15	3011990	5	50	6	60	1	10
16	48620	3	30	10	100	7	70
17	900	3	30	7	70	4	40
18	MKD/AHP/01	5	50	6	60	1	10
19	8166669255	5	50	9	90	4	40
20	Vicat	3	30	7	70	4	40
21	Matth G	3	30	7	70	4	40
22	Thompson	3	30	8	80	5	50
23	Benjamin	4	40	7	70	3	30
24	Ekason	6	60	8	80	2	20
25	Chukwu	3	30	7	70	4	40
26	CT Ukum	3	30	7	70	4	40
27	4158	2	20	7	70	5	50
28	Emmy	5	50	7	70	2	20
29	Magbenny	4	40	7	70	3	30
30	Adzua Matthew	5	50	6	60	1	10
	TOTAL	114	1140	200	2000	86	860
	AVERAGE	3.8	38	6.666666667	66.66666667	2.8666667	28.66666667
	SD	1.19	11.86	1.47	14.70	1.59	15.92

ANNEX 2

EVALUATION FORM FOR PrEP Awareness training FOR CRH PEs

1. Please provide us with some feedback about the training.

Please indicate your overall satisfaction with the <u>content</u> of each of the modules:	Please circle one N=31					No response
	Very Good	Good	Fair	Poor	Very Poor	
1 – HIV prevention: Existing tools	20 (64.5%)	11 (35.5%)	-	-	-	-
2 – HIV prevention: New prevention tools	24 (77.4%)	6 (19.4%)	1 (3.2%)	-	-	-
3– PrEP presentation	19 (61.3%)	11 (35.5%)	1 (3.2%)	-	-	-

2. Please provide us with some feedback on your experience of the Workshop:

Please indicate your agreement with the following statements:	Please circle one N=31					
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No response
This Workshop provided me with HIV prevention existing tools	23 (74.2%)	7 (22.6%)	1 (3.2%)	-	-	-
This Workshop provided me with new insights about New prevention tools	23 (74.2%)	7 (22.6%)	1 (3.2%)	-	-	-
This Workshop provided me with new insights about PrEP	19 (61.3%)	12 (38.7%)	-	-	-	-
Participating in this Workshop was a good use of my time	19 (61.3%)	12 (38.7%)	-	-	-	-
I will be able to apply the content of this Workshop to my everyday work	18 (58.1%)	13 (42%)	-	-	-	-
Overall, the facilitation style was effective	13 (42%)	16 (51.6%)	1 (3.2%)	-	-	1 (3.2%)
There was adequate time allocated for informal discussions among workshop participants	17 (54.8%)	10 (32.3%)	2 (6.5%)	-	2 (6.5%)	-
The Workshop was well-organized.	21 (67.7%)	8 (25.8%)	-	1 (3.2%)	-	1 (3.2%)

3. What changes would you recommend to make this Workshop better?

- Refreshment should be provided
- More time should be given to discuss more on PrEP
- More time should be allocated for this workshop
- There should be some print outs for participants to be going through
- More training material should be provided.
- A larger venue should be used
- More people should be motivated to participate actively in the discussions

4. Any other comments?

- I am very satisfied with the workshop
- A very enlightening workshop. I believe more people deserve to be aware of what we learned about PrEP.
- I had a wonderful time.