



**PREP AWARENESSTRAINING FOR AFRICAN HEALTH PROJECT (AHP) IN MAKURDI,
BENUE STATE ON THE 22ND JUNE, 2017**

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Date and Venue

The training was conducted in Benue State Action Committee on AIDS. The meeting started at 11:30am.

Training team

Alaka Oluwatosin, NHVMAS Assistant Program Officer, was the facilitator for the training.

Agenda

- HIV prevention: Existing tools
- HIV Prevention: New prevention tools
- Basic facts about Pre Exposure Prophylaxis (PrEP)

Participants

There were 44 participants in this meeting. Participants comprised of MSM and PWID peer educators.

Pre Test

After introduction of the facilitator by Plangnan, the SFH state team leader for the SHiPs for MARPs Project, participants also introduced themselves. A Pre test questionnaire was shared before commencement of the training in order to assess their background knowledge on the PrEP.



Existing HIV prevention tools.

This session was facilitated by Mr. Alaka. Participants were shown pictures of different existing prevention tools using NHVMAS research literacy field guide. Participants were able to identify the existing tools and discuss them. Some of the tools identified include; condoms, lubricants, STI management, preventing mother to child transmission, use of safe needles and syringes and blood transfusion safety



HIV Prevention: New Prevention Tools

Mr. Alaka discussed NPTs such as Microbicides, vaccines and treatment as prevention. It was a new learning for a majority of them which made the session quite interactive

Participants were made to understand that a lot of studies are being conducted on microbicides and vaccines. Before long, answers would be gotten.

Basic Facts about PrEP

Participants were encouraged to create community demand for PrEP and integrate PrEP in their community outreach while letting people hear it and begin to ask for it in health centers.

Candidates for PrEP

People at substantial risk of acquiring HIV due to their risky behavior are potential candidates of PrEP. This includes:

a) Men who have sex with men (MSM) who have

- An HIV-positive sexual partner
- Recent bacterial STI
- High number of sex partners
- History of inconsistent/no condom use

b) Heterosexual women and men

- HIV-positive sexual partner
- Recent bacterial STI
- High number of sex partners
- History of inconsistent/no condom use
- Commercial sex work
- High-prevalence area or network

How It works

PrEP is taken only by individuals who are HIV negative as a pill of Truvada a day (combination of Tenofovir and emtricitabine). PrEP stops HIV from taking hold and spreading throughout your body. It is highly effective for preventing HIV if used as prescribed, but it is much less effective when not taken consistently.

Other important talking point about fact about PrEP

- It does not protect against other STIs and pregnancy
- It is used by people who are HIV negative but at substantial risk of HIV

- It offers over 90% protection if used consistently
- It requires you attend hospital every three months to get a HIV test to rule out any HIV infection
- It should be taken same time everyday
- Renal assessment must be conducted to ensure that the kidneys are working normally and are in good shape.

Discontinuing PrEP

Positive HIV result, Acute HIV signs or symptoms, non-adherence to usage, development of renal diseases, infection with hepatitis A or B, lowered risk behavior are all possible reasons for an individual to discontinue PrEP.

Discussion

Question *"If I am in a sero-discordant relationship and my positive partner is on treatment (which can also translate to prevention for me) do I still need to take PreP?"*

Answer: treatment can only be an effective tool for prevention when viral suppression as been achieved by the positive partner. In order to provide another layer of protection, the negative partner is also encouraged to take up PrEP.

Question- How can PrEP be accessed?

Response: *Presently, before you can get PrEP (Truvada), you would need a prescription from a medical doctor. Lots of awareness creation and community demand creation needs to be done in order to facilitate the inclusion of PrEP into our combination prevention package.*

Question: *Why PrEP when we have condoms which can offer protection against many other STIs and pregnancy.*

Response: *Globally, there are millions of new infections. This goes to show that although condoms are a effective tool, there are quite a lot of people who do not like to use it. For people in this category, what other preventive option do they have? PrEP is the answer. People give several reasons for being unable to use a condom some of which include; being caught up in the moment and not having it at hand, being under the influence of some psycho-active substance thus making irrational choices, Inability to negotiate among many others. It is however important that the candidates are giving adequate information on the limitations of PrEP in order for them to make informed choices.*

Question: Does PrEP prevent the virus from gaining entry into the body?

Response: *A microbicide is more likely to work in that manner. PrEP does not prevent the virus from gaining entry to the body. However upon exposure to the virus and entry into the body, PrEP has the ability to destroy the virus such that it is unable to cause an infection.*

Annex 1: Pre-Post Test Analysis

	African Health project						
S/ N	CODE NAME	PRE TEST	PRE TEST (%)	POST TEST	POST TEST (%)	POST-PRE	PRE-POST (%)
1	Saasongu	3	30	5	50	2	20
2	Merag	6	60	7	70	1	10
3	Juliana	6	60	6	60	0	0
4	Tyokaa	4	40	8	80	4	40
5	DZERS	4	40	6	60	2	20
6	8160609228	5	50	5	50	0	0
7	9063807270	4	40	5	50	1	10
8	8135384893	2	20	5	50	3	30
9	8081840740	3	30	4	40	1	10
10	2047	2	20	5	50	3	30
11	8067654673	4	40	8	80	4	40
12	8064044892	3	30	7	70	4	40
13	dpo	3	30	7	70	4	40
14	msugh	5	50	4	40	-1	-10
15	62	2	20	7	70	5	50
16	224	3	30	9	90	6	60
17	ligye	4	40	4	40	0	0
18	uta	3	30	6	60	3	30
19	nyior	4	40	4	40	0	0
20	7037601332	5	50	8	80	3	30
21	19	4	40	6	60	2	20
22	John	3	30	6	60	3	30
23	Emmanuel	3	30	6	60	3	30
24	8165789479	4	40	6	60	2	20
25	Akusco	4	40	8	80	4	40
26	7030904149	3	30	6	60	3	30
27	1990	4	40	8	80	4	40
28	PPO	5	50	8	80	3	30
29	CF 004/014	6	60	8	80	2	20
30	Msvande	4	40	7	70	3	30
31	Terrydstriper	3	30	8	80	5	50

32	Kelvin	4	40	6	60	2	20
33	7036050383	4	40	6	60	2	20
34	Anza	6	60	8	80	2	20
35	Ushir Evelyn	2	20	6	60	4	40
36	Dewua	5	50	8	80	3	30
37	81	5	50	8	80	3	30
	TOTAL	144	1440	239	1970	79	790
	AVERAGE	3.89	38.92	6.46	64.59	2.57	25.68
	SD	1.15	11.49	1.41	14.06	1.57	15.73

ANNEX 2

EVALUATION FORM FOR PrEP Awareness training

1. Please provide us with some feedback about the training.

Please indicate your overall satisfaction with the <u>content</u> of each of the modules:	Please circle one N=42					No response
	Very Good	Good	Fair	Poor	Very Poor	
1 – HIV prevention: Existing tools	20 (47.6%)	21 (50%)	1 (2.4%)	-	-	
2 – HIV prevention: New prevention tools	24 (57.1%)	15 (35.7%)	1 (2.4%)	-	-	2 (4.8%)
3– PrEP presentation	31 (73.8%)	9 (21.4%)		-	-	2 (4.8%)

2. Please provide us with some feedback on your experience of the Workshop:

Please indicate your agreement with the following statements:	Please circle one N=42					
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No response
This Workshop provided me with HIV prevention existing tools	24 (57.1%)	16 (38.1%)	1 (2.4%)	-	-	1 (2.4%)
This Workshop provided me with new insights about New prevention tools	28 (66.7%)	13 (31%)	-	-	-	1 (2.4%)
This Workshop provided me with new insights about PrEP	26 (61.9%)	5 (11.9%)	-	-	-	1 (2.4%)
Participating in this Workshop was a good use of my time	29 (69%)	13 (31%)	-	-	-	-
I will be able to apply the content of this Workshop to my everyday work	25 (59.5%)	17 (40.5%)	-	-	-	-
Overall, the facilitation style was effective	25 (59.5%)	16 (38.1%)	1 (2.4%)	-	-	-
There was adequate time allocated for	18 (42.9%)	20	2 (4.8%)	2 (4.8%)	-	

Please indicate your agreement with the following statements:	Please circle one N=42					
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No response
informal discussions among workshop participants		(47.6%)				-
The Workshop was well-organized.	20 (47.6%)	20 (47.6%)	1 (2.4%)	-	-	1 (2.4%)

3. What changes would you recommend to make this Workshop better?

- Refreshments should be provided.
- I think there should be more time allocated to this topic so that it will be well assimilated.
- It should be a continuous training
- More examples should be given during presentation.
- Interesting topics but short time.
- This programme should be extended to the people at community level.
- A sample of the Truvada should be shown to participants.
- More time for discussion between participants and facilitator.
- Avoid fast speaking.
- More IEC material should be provided.
- I recommend that this workshop be held for at least 2 days.
- Use of PAS with a more spacious hall.

4. Any other comments?

- Our able facilitator was wonderful
- The time management was very OK.
- This workshop helped me a lot to know about PrEP which will enable me to go to my community and my peers to steer up community demand.
- PrEP should be made readily available for all who need it.
- The workshop was very participatory.