

PREP AWARENESS TRAINING FOR COMMUNITY EDUCATORS WORKING WITH MERCY OF GOD CSO IN ELEME, RIVERS TATE ON THE 23<sup>RD</sup> August, 2017

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#### **Date and Venue**

The training was conducted for community educators working with Mercy of God CSO, implementing FSW intervention under the SHIPS for MARPs project in SFH. The training was conducted on the 23rd August, 2017 at the Igale Primary Health Centre in Eleme LGA in Port Harcourt, Rivers State.

# **Training team**

Alaka Oluwatosin, NHVMAS Assistant Program Officer, was the facilitator for the training.

# **Agenda**

• HIV prevention: Existing tools

• HIV Prevention: New prevention tools

• Basic facts about Pre Exposure Prophylaxis (PrEP)

# **Participants**

There was a total of 32 participants in this meeting. Participants comprised of Community facilitators implementing FSW intervention in the SHIPS for MARPs project.

#### **Pre Test**

A Pretest questionnaire was shared before commencement of the training in order to assess their background knowledge on the PrEP.



# **Existing HIV prevention tools.**

This session was facilitated by Mr. Alaka. Participants were shown pictures of different existing prevention tools using NHVMAS research literacy field guide. Participants were able to identify the existing tools and discuss them. Some of the tools identified include; condoms, lubricants, STI management, preventing mother to child transmission, use of safe needles and syringes and blood transfusion safety. Some of the tools identified include; condoms, lubricants, STI management, preventing mother to child transmission, use of safe needles and syringes and blood transfusion safety



#### **HIV Prevention: New Prevention Tools**

Mr. Alaka discussed NPTs such as Microbicides, vaccines and treatment as prevention.

Participants were made to understand that a lot of studies are being conducted on microbicides and vaccines. Before long, answers would be gotten.

#### **Basic Facts about PrEP**

Participants were encouraged to create community demand for PrEP and integrate PrEP in their community outreach while letting people hear it and begin to ask for it in health centers.

#### **Candidates for PrEP**

People at substantial risk of acquiring HIV due to their risky behavior are potential candidates of PrEP. This includes:

- a) Men who have sex with men (MSM) who have
  - An HIV-positive sexual partner
  - Recent bacterial STI
  - High number of sex partners
  - History of inconsistent/no condom us
- b) Heterosexual women and men
  - HIV-positive sexual partner
  - Recent bacterial STI
  - High number of sex partners
  - History of inconsistent/no condom use
  - Commercial sex work
  - High-prevalence area or network

#### **How It works**

PrEP is taken only by individuals who are HIV negative as a pill of Truvada a day (combination of Tenofovir and emtricitabine). PrEP stops HIV from taking hold and spreading throughout your body. It is highly effective for preventing HIV if used as prescribed, but it is much less effective when not taken consistently.

# Other important talking point about fact about PrEP

- It does not protect against other STIs and pregnancy
- It is used by people who are HIV negative but at substantial risk of HIV
- It offers over 90% protection if used consistently
- It requires you attend hospital every three months to get a HIV test to rule out any HIV infection
- It should be taken same time everyday
- Renal assessment must be conducted to ensure that the kidneys are working normally and are in good shape.

### **Discontinuing PrEP**

Positive HIV result, Acute HIV signs or symptoms, non-adherence to usage, development of renal diseases, lowered risk behavior are all possible reasons for an individual to discontinue PrEP.

# **ANNEX 1**

# **EVALUATION FORM FOR PREP AWARENESS TRAINING FOR MERCY OF GOD PES**

# 1. Please provide us with some feedback about the training.

Please indicate your overall satisfaction with	Please circle one N=29					
the <u>content</u> of each of the modules:	Very Good	Good	Fair	Poor	Very Poor	No response
1 – HIV prevention: Existing tools	16 (55.2%)	12 (41.4%)	-	-	-	1 (3.5%)
2 – HIV prevention: New prevention tools	20 (69%)	7 (24.1%)	-	-	-	2 (6.9%)
3– PrEP presentation	18 (62.1%)	9 (31%)	-	-	-	2 (6.9%)

2. Please provide us with some feedback on your experience of the Workshop:

Please circle one						
Please indicate your agreement	N=29					
with the following statements:	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No response
This Workshop provided me with HIV prevention existing tools	20 (69%)	8 (27.6%)	-	-	-	1 (3.5%)
This Workshop provided me with new insights about New prevention tools	18 (62.1%)	11 (37.9%)	-	-	-	-
This Workshop provided me with new insights about PrEP	23 (79.3%)	6 (20.7%)	-	-	-	-
Participating in this Workshop was a good use of my time	19 (65.5%)	10 (34.5%)	-	-	-	-
I will be able to apply the content of this Workshop to my everyday work	24 (82.8%)	5 (17.2%)	-	-	-	-
Overall, the facilitation style was effective	17 (58.6%)	10 (34.5%)	1 (3.5%)	-	-	1 (3.5%)
There was adequate time allocated for informal discussions among workshop participants	20 (69%)	6 (20.7%)	2 (6.9%)	1 (3.5%)	-	-
The Workshop was well-organized.	18 (62.1%)	6 (20.7%)	2 (6.9%)	1 (3.5%)	-	2 (6.9%)

# 3. What changes would you recommend to make this Workshop better?

- More time to enable us learn more
- Facilitation atmosphere needs to be improved
- The workshop was well organized I recommend updates as regards the new prevention tools
- Such workshop should be carried out more in Nigeria to enable more enlightenment.
- The workshop should be conducted periodically
- There should be adequate information before the training to prepare participants
- More visuals should be used to make people understand better.
- Lunch should be given to participants during workshop.
- There should be more time materials and handouts.

# 4. Any other comments?

- We need more workshops for training and retraining to enhance efficiency
- Thank you SFH for the workshop, we need more of this.
- I am very greatful fo this awareness and will be very happy to apply it in my work

**ANNEX 2: PRE-POST TEST ANALYSIS** 

S/N	CODE NAME	Pre Test	Pre Test (%)	Post Test	Post Test (%)	Gender
1	Ruth	2	20	4	40	F
2	Edith	4	40	8	80	F
3	Zubaimo	4	40	6	60	М
4	Stanley	2	20	7	70	М
5	Priscillia	5	50	8	80	F
6	Chichi Elima	4	40	6	60	М
7	Chidinma	3	30	4	40	F
	Obiwe					
8	Wisdom	3	30	6	60	M
9	Peter Naomi	2	20	3	30	F
10	Ekaette	3	30	6	60	F
11	Nnebe Patricia	4	40	5	50	F
12	111	4	40	3	30	M
13	Onyenma	2	20	7	70	M
14	Chinedu	2	20	5	50	M
15	11	3	30	5	50	F
16	Fawar Igwe	2	20	5	50	F
17	Imenwo Lois	2	20	7	70	F
18	Leah	2	20	7	70	F
19	Okoro	4	40	5	50	F
20	Ijeoma	4	40	5	50	F
21	Goodness	4	40	3	30	F
22	1987	4	40	5	50	М
23	Richard	5	50	5	50	М
24	Chika	2	20	7	70	М
25	Victor	3	30	5	50	М
26	Victoria	4	40	4	40	F
	TOTAL	83	830	141	880	
	AVERAGE	3.19	31.92	5.42	54.23	
	SD	1.02	10.21	1.45	14.47	