



PREP AWARENESS TRAINING FOR PEER EDUCATORS WORKING WITH CENTRE FOR RIGHTS TO HEALTH (CRH) in RIVERS STATE ON THE 22ND August, 2017

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Date and Venue

The peer educators training was conducted at the SFH Office in Port Harcourt, Rivers State on the 22nd August, 2017. The meeting started at 11:00am.

Training team

Alaka Oluwatosin, NHVMAS Assistant Program Officer, was the facilitator for the training.

Agenda

- HIV prevention: Existing tools
- HIV Prevention: New prevention tools
- Basic facts about Pre Exposure Prophylaxis (PrEP)

Participants

21 participants were present at this meeting. Participants comprised of MSM/PWID community educators.

Pre Test

A Pre test questionnaire was shared before commencement of the training in order to assess their background knowledge on the PrEP.



Existing HIV prevention tools.

This session was facilitated by Mr. Alaka. Participants were shown pictures of different existing prevention tools using NHVMAS research literacy field guide. Participants were able to identify and discuss some of the existing tools and discuss them. Some of the tools identified include; condoms, lubricants, STI management, preventing mother to child transmission, use of safe needles and syringes and blood transfusion safety



HIV Prevention: New Prevention Tools

Mr. Alaka discussed NPTs such as Microbicides, vaccines and treatment as prevention. Participants were made to understand that a lot of studies are being conducted on microbicides and vaccines. Before long, answers would be gotten.

Basic Facts about PrEP

Participants were encouraged to create community demand for PrEP and integrate PrEP in their community outreach while letting people hear it and begin to ask for it in health centers.

Candidates for PrEP

People at substantial risk of acquiring HIV due to their risky behavior are potential candidates of PrEP. This includes:

a) Men who have sex with men (MSM) who have

- An HIV-positive sexual partner
- Recent bacterial STI
- High number of sex partners
- History of inconsistent/no condom use

b) Heterosexual women and men

- HIV-positive sexual partner
- Recent bacterial STI
- High number of sex partners
- History of inconsistent/no condom use
- Commercial sex work
- High-prevalence area or network

How It works

PrEP is taken only by individuals who are HIV negative as a pill of Truvada a day (combination of Tenofovir and emtricitabine). PrEP stops HIV from taking hold and spreading throughout your body. It is highly effective for preventing HIV if used as prescribed, but it is much less effective when not taken consistently.

Other important talking point about fact about PrEP

- It does not protect against other STIs and pregnancy
- It is used by people who are HIV negative but at substantial risk of HIV
- It offers over 90% protection if used consistently
- It requires you attend hospital every three months to get a HIV test to rule out any HIV infection
- It should be taken same time everyday
- Renal assessment must be conducted to ensure that the kidneys are working normally and are in good shape.

Discontinuing PrEP

Positive HIV result, Acute HIV signs or symptoms, non-adherence to usage, development of renal diseases, lowered risk behavior are all possible reasons for an individual to discontinue PrEP.

Discussion

Question- How can PrEP be accessed?

Response: *Presently, before you can get PrEP (Truvada), you would need a prescription from a medical doctor. Lots of awareness creation and community demand creation needs to be done in order to facilitate the inclusion of PrEP into our combination prevention package.*

Contribution:

It is important that health workers, especially counsellor testers working with key population should be categorized as candidates for PrEP because they are at substantial risk as well due to the potentials of needle prick in the course of their work

Question: *you talked about creating community demand for PrEP, how do we go about this?*

Answer: *You can start by integrating PrEP literacy in your community outreach programme. By doing so, people at the community level would start asking questions about PrEP. You can also make use of your social media platforms to conduct PrEP education as well.*

ANNEX 1

EVALUATION FORM FOR PrEP Awareness training of CRH PEs

1. Please provide us with some feedback about the training.

Please indicate your overall satisfaction with the <u>content</u> of each of the modules:	Please circle one N=18					No response
	Very Good	Good	Fair	Poor	Very Poor	
1 – HIV prevention: Existing tools	8 (44.4%)	8 (44.4%)	-	-	-	2 (11.1%)
2 – HIV prevention: New prevention tools	7 (38.9%)	9 (50%)	-	-	-	2 (11.1%)
3– PrEP presentation	8 (44.4%)	8 (44.4%)	-	-	-	2 (11.1%)

2. Please provide us with some feedback on your experience of the Workshop:

Please indicate your agreement with the following statements:	Please circle one N=18					
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No response
This Workshop provided me with new insights about HIV prevention existing tools	10 (55.6%)	7 (38.9%)	-	-	-	1 (5.6%)
This Workshop provided me with new insights about new HIV prevention tools	12 (66.7%)	6 (33.3%)	-	-	-	-
This Workshop provided me with new insights about PrEP	10 (55.6%)	6 (33.3%)	2 (11.1%)	-	-	-
Participating in this Workshop was a good use of my time	10 (55.6%)	8 (44.4%)	-	-	-	-
I will be able to apply the content of this Workshop to my everyday work	11 (61.1%)	7 (38.9%)	-	-	-	-
Overall, the facilitation style was effective	5 (27.8%)	12 (66.7%)	-	-	-	1 (5.6%)
There was adequate time allocated for informal discussions among workshop participants	6 (33.3%)	11 (61.1%)	1 (5.6%)	-	-	-
The Workshop was well-organized.	8 (44.4%)	8 (44.4%)	2 (11.1%)	-	-	-

3. What changes would you recommend to make this Workshop better?

- Provision of refreshment is very imperative
- Provision of transportation
- The workshop was well organized.
- It should be more organized in terms of providing tea-break and feeding
- The workshop was perfect
- More time should be allotted for the training
- There should be more information about this workshop to help participants to be fully prepared

4. Any other comments?

- We look forward to further trainings
- Kudos to the facilitator
- The workshop was very informative and enlightening

ANNEX 2: PRE-POST TEST ANALYSIS

S/N	CODE NAME	Pre Test	Pre Test (%)	Post Test	Post Test (%)	Gender
1	Precious	4	40	6	60	M
2	Damiebi	5	50	8	80	M
3	Kenneth	4	40	6	60	M
4	oo7	4	40	9	90	M
5	Gril 212	5	50	7	70	M
6	Majesty	4	40	8	80	M
7	Ododo Esekiel	4	40	6	60	M
8	Ebere	4	40	6	60	M
9	Kenny	3	30	5	50	M
10	5473	3	30	6	60	M
11	power	3	30	9	90	M
12	406	4	40	5	50	M
13	Kelly brown	2	20	7	70	M
14	Kay	5	50	6	60	M
15	Belle Best	5	50	8	80	M
16	JMS	4	40	3	30	M
	TOTAL	63	630	105	1050	
	AVERAGE	3.94	39.38	6.56	65.63	
	SD	0.85	8.54	1.59	15.90	

